

ADULT WEEKLY PROGRAMS

ADULT SOCIAL CLUB

Ages: 19 & up

Adult social is geared towards making good connections with same aged peers. Each month we will travel to a different venue. The fee is a seasonal membership fee that covers staffing and other miscellaneous expenses. For each event, you will only have to pay for your food or the activity we will be doing. An email will be sent at least one week prior to each date with that month's activity.

Code	Day	Dates	R/NR Fee
30038	TH	1/18, 2/15, 3/15, 4/19	\$40/\$50

Min/Max: 6/15

Location & Times: Vary each month

Contact Person: Juanita Williams

Register by: 1/4

STIR IT UP COOKING CLASSES

Ages: 13 & up

Tickle your palette with a culinary delight each week as we explore the world of cooking. Each week we will follow a different theme as we learn, hands-on, how to create, present and enjoy a variety of dishes. Measuring, nutrition, safety in the kitchen and more will be enhanced as part of the learning experience.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
30020	TH	5/3-5/24	5:30pm-7:00pm	\$125/\$157

Min/Max: 4/8

Location: LWSRC, 1900 Heather Glen Dr., New Lenox

Contact Person: Juanita Williams

Register by: 4/20

THUNDER BOWLERS

Ages: 19 & up

Join your friends for some good times as we bowl some strikes! Fee includes two games or 1 ½ hours of bowling, whichever comes first.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
30004	MO	1/22-4/9	5:00pm-6:30pm	\$115/\$144

Min/Max: 10/30

Location: Thunder Bowl, 18700 Old LaGrange Rd., Mokena

Contact Person: Juanita Williams

Register by: 1/8



LARAWAY BOWLERS

Ages: 19 & up

Join your friends for some good times as we bowl some strikes! Fee includes two games or 1 ½ hours of bowling, whichever comes first.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
30005	WE	1/24-4/11	4:00pm-5:30pm	\$115/\$144

Min/Max: 10/30

Location: Laraway Lanes, 1009 W. Laraway Rd., New Lenox

Contact Person: Juanita Williams

Register by: 1/11



LWSRA Bowling
is sponsored by



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LWSRA Aktion Club

Aktion Club is a Service Leadership Program for individuals ages 18 & up that provides adults living with disabilities opportunities to give back to their communities, build leadership & decision-making skills to help develop and use their talents. Aktion Club is a member of the Sponsored Organizations and Programs at Kiwanis International. Members plan and implement community service projects, while developing important skills in the process. The LWSRA Aktion club is co-sponsored by Kiwanis Clubs of Frankfort, IL. Members meet twice a month. Come join us as we give back to our communities! A schedule will be provided.

Upcoming Fall initiatives include assisting with the Lions Candy Day, Kiwanis Peanut Day and the Knights of Columbus Tootsie Roll Drive.

Code	Day	Dates	Time	Seasonal Membership Fee
30039	TU,TH	Varies	1:00pm-2:00pm	\$20



Frankfort, IL
CHARTERED 1976

2018 Winter/Spring Meeting Dates

January 11th	March 20th
January 23rd	April 10th
February 1st	April 19th
February 13th	May 1st
March 1st	May 22nd



ADULT SPECIAL EVENTS

GLOW WITH THE FLOW

Co-op Dance Ages: 13 & up

Lights! Action! LWSRA is hosting a glow in the dark dance. Spend the evening with your friends at LWSRA for our glow in the dark dance! You are sure to have a great time setting the night aglow. We're creating a truly enlightening scene for lots of fun and energy to flow. Be part of the illumination! Come dressed in white or neon colored clothes. A snack will be provided.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30021	FR	1/12	6:30pm-9:00pm	\$36/\$45

Min/Max: 10/50
 Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Juanita Williams
 Register by: 12/29

WII NIGHT

Ages: 13 & up

Calling all Wii Gamers! Come join us for an evening of fun with friends as we play a variety of Wii games. A snack will be provided.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30022	FR	1/19	6:30pm-8:00pm	\$40/\$50

Min/Max: 10/15
 Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Juanita Williams
 Register by: 1/5

DINNER AND A MOVIE

Ages: 13 & up

Let's enjoy Saturday night together as we head out to dinner followed by a trip to the local movie theater to see one of the many movies! Movie will be chosen beforehand. Please bring money for snacks and drinks at the theater. Dinner and admission included. There will be a choice of two movies.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30023-1	SA	1/27	4:30pm-9:30pm	\$67/\$84
30023-2	SA	3/3	4:30pm-9:30pm	\$67/\$84

Min/Max: 6/12
 Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: AMC Showplace, 1320 W. Maple., New Lenox
 Actual Event time: 11:00am-7:30pm
 Contact Person: Juanita Williams
 Register by: 1/13 for session 1 || 2/17 for session 2

CRAZY TIE/SOCK DANCE

Ages: 13 & up

It's time to bridge the generation gap and boogie with your socks on for LWSRA's annual sock hop. Dance to the greatest music of yesterday and today with your friends. A light snack will be provided.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30024	FR	2/2	7:00pm-9:00pm	\$36/\$45

Min/Max: 15/30
 Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Juanita Williams
 Register by: 1/19

VALENTINE'S DANCE

Co-op Dance Ages: 13 & up

Wear your pink, red, and white! SRJC's annual Valentines Dance will include dancing, a full dinner and prizes!

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30025	FR	2/9	5:45pm-9:45pm	\$36/\$45

Min/Max: 15/26
 Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: Joliet Park District, 3000 W. Jefferson St., Joliet
 Actual Event Time: 6:30pm-9:00pm
 Contact Person: Juanita Williams
 Register by: 1/26



WINTER BLUES BUSTER

Co-op Dance Ages: 13 & up

Let's push those winter blues away and dance with friends from other SRA's. Enjoy the music, dancing and refreshments. A pizza dinner will be included.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30026	FR	2/16	5:45pm-9:30pm	\$36/\$45

Min/Max: 15/26
 Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: New Star Recreation, 1624 E. 154th St., Dolton
 Actual Event time: 6:30pm-8:30pm
 Contact Person: Juanita Williams
 Register by: 1/27



KIWANIS GAMES

Ages: 13-18

Get ready for this year's Kiwanis Games! LWSRA has been invited by Dr. Paul and Kiwanis Club to participate in the annual indoor games designed for all. Test your skills at Bocce, Floor Hockey, Bag- O and more. At the Kiwanis Games, everyone is a winner! T-shirts will be provided to those participants who register by the registration deadline. Pizza lunch and a snack will be provided.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
30111	SA	2/17	8:45am-1:00pm	
			LWSRA Residents	Free
			SSSRA/Non-Residents	\$7/\$9

Min/Max: 20/200
 Location: Lincoln-Way East Fieldhouse, 201 Colorado Ave., Frankfort
 Contact Person: Juanita Williams
 Register by: 1/19

MARDI GRAS MAMBO

Co-op Dance Ages: 13 & up

Let's celebrate the Mardi Gras New Orleans style! We will be dancing the night away with our friends from Oak Lawn Park District. A snack will be provided.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30027	FR	2/23	6:00pm-9:45pm	\$36/\$45

Min/Max: 15/26
 Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: Oak Lawn Park District, 9401 S. Oak Park Ave., Oak Lawn
 Actual Event time: 7:00pm-9:00pm
 Contact Person: Juanita Williams
 Register by: 2/9



ADULT SPECIAL EVENTS

SHAMROCK SHUFFLE

Co-op Dance

Ages: 13 & up

This fantastic St. Patrick's Day party includes dinner and a fun night of dancing. Join us as we head over to Orland Park for this one. Make sure to wear your green! Full dinner and DJ included.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30028	FR	3/2	5:45pm-9:45pm	\$36/\$45

Min/Max: 15/26

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: Orland Civic Center, 14750 Ravinia Ave., Orland Park
 Actual Event time: 6:30pm-9:00pm
 Contact Person: Juanita Williams
 Register by: 2/16



CHICAGO WOLVES HOCKEY GAME

Ages: 13 & up

Come catch the hard-hitting action as the Chicago Wolves face off against their rivals, Iowa Wild. Please bring money for souvenirs and food.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30029	SU	3/18	1:00pm-7:00pm	\$75/\$94

Min/Max: 10/20

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: Allstate Arena, 6920 N. Mannheim Rd., Rosemont
 Game time: 3:00pm
 Contact Person: Juanita Williams
 Register by: 11/17

LWSRA FIESTA

Co-op Dance

Ages: 13 & up

Hola! Join us for LWSRA's Fiesta! Authentic Mexican food will be provided as well as great music to dance to get out the maracas and sombrero, its FIESTA time!

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
30030	FR	4/6	6:30pm-9:00pm	\$36/\$45

Min/Max: 5/20

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Melissa Jensen
 Register by: 2/5

SEASPAR BOWLING TOURNAMENT

Ages: 13 & up

Come to SEASPAR'S 38th Annual Bowling Tournament, where we will compete as a team against other local SRA teams. Program fee includes three games of bowling, lunch, transportation and staff supervision.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30031	SA	4/7	8:45am-1:45pm	\$50/\$63

Min/Max: 6/12

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: Willowbrook Lanes, 735 Plainfield Rd., Willowbrook
 Contact Person: Tami Pareti
 Register by: 3/9

LWSRA SOCK HOP

Ages: 13 & up

It's time to bridge the generation gap and boogie with your socks on for LWSRA's annual sock hop. Dance to the greatest music of yesterday and today with your friends. A light snack will be provided.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30032	FR	4/13	7:00pm-9:00pm	\$36/\$45

Min/Max: 15/30

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Juanita Williams
 Register by: 3/30

SPRING CRAFT PROGRAM

Ages: 13 & up

Get ready for spring with your friends at LWSRA as we participate in a couple different crafts to help you get into the mood of spring! We will be painting so please do not wear new clothes. A snack will be provided.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30033	FR	4/27	6:00pm-8:00pm	\$40/\$50

Min/Max: 8/15

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Juanita Williams
 Register by: 4/13

PAJAMA JAM

Ages: 13 & up

Spend an evening with your friends dancing in your PJ's for LWSRA's annual Pajama Jam! Join us for an evening of good old fashioned slumber party fun! The DJ will play all our favorite songs. A light snack is included.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30034	FR	5/4	7:00pm-9:00pm	\$36/\$45

Min/Max: 15/30

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
 Contact Person: Juanita Williams
 Register by: 4/20

SPRING FORMAL

Co-op Dance

Ages: 13 & up

Spring is in the air! Join us as we enjoy this grand event hosted by SWSRA. This is a formal affair so please come dressed in your best clothes. Full dinner, dessert, picture, flower and D.J. are included.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30035	FR	5/11	5:45pm-9:45pm	\$60/\$75

Min/Max: 15/26

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox
 Location: Apollo Recreation Center, 12521 S. Kostner Ave., Alsip
 Actual Event Time: 6:30pm-9:30pm
 Contact Person: Juanita Williams
 Register by: 4/27



ADULT SPECIAL EVENTS

GIRLS DAY OUT

New!

Ages: 13 & up

Calling all ladies, it's time for the perfect day out! Join your friends as we go for pedicures at Jen Nails, lunch at Portillo's and shopping at the Orland Mall! Pedicure and lunch is included. Please bring money for shopping.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30036	SU	5/13	12:00pm-5:00pm	\$50/\$63

Min/Max: 8/15

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox

Location: Various locations

Contact Person: Juanita Williams

Register by: 4/28

GUYS DAY OUT

New!

Ages: 13 & up

Hey fellas, join us for the ultimate combination of food and fun as we head over to Dave and Busters. Come ready to play and let the fun begin! There is something for everyone to do! After working up our appetite we will have dinner at Dave and Busters. The program includes a \$10.00 game card and dinner. If you wish to play more games you will need to bring more money.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
30037	SU	5/20	3:00pm-5:30pm	\$50/\$63

Min/Max: 8/15

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox

Location: Dave & Buster's, 49 Orland Square Dr., Orland Park

Contact Person: Juanita Williams

Register by: 5/6

Vacation with LWSRA!

Staycation in Chicago!



Beat the winter blues and travel with LWSRA to Downtown Chicago, for a three day trip! During the trip, we will visit some favorite spots such as Millennium Park, Skydeck, shopping and much more! Lodging and meals included in fee. Please bring extra money for souvenirs and shopping.

Code	Ages	Depart Time	Return Time	Resident/SSSRA & NR Fee*
30040	19 & up	Friday, 5/18, 12:00pm	Sunday, 5/20, 3:00pm	\$700/\$875

Min/Max: 6/11

Location: LWSRC, 1900 Heather Glen Dr., New Lenox

Contact Person: Juanita Williams

Register by: 12/20 (with first monthly payment)

***Payment Plans available!**

Five Monthly payments of \$140/\$175 starting with your registration payment due December 20th.

Vacation in Los Angeles



Eureka! The Golden State awaits! Join LWSRA as we fly to fabulous Los Angeles, California for a six day, five night stay. We'll experience the amazing sights of Hollywood with all the glitz and glamour, take a trip to Disneyland, California Adventure Park and indulge at famous West coast eateries! Trip cost includes airfare, lodging, meals and admission to parks and tours. Please bring extra money for souvenirs and shopping.

Code	Ages	Depart Time	Return Time	Resident/SSSRA & NR Fee
30041	19 & up	Friday, 8/3, 5:00am	Wednesday, 8/8, 4:00pm	\$2,399/\$2,999

Min/Max: 10/15

Location: LWSRC, 1900 Heather Glen Dr., New Lenox

Contact Person: Juanita Williams

Register by: 12/20 (with first monthly payment)

***Payment Plans available!**

Six monthly payments of \$400/\$500 starting with your registration payment due December 20th.

TITANS (ADULT DAY PROGRAM)

LWSRA TITANS

A RECREATIONAL ENRICHMENT DAYTIME PROGRAM FOR INDIVIDUALS WITH DISABILITIES



TITANS is a structured, 5 day a week program that runs 49 weeks out of the year and is designed to meet the needs of persons 18 years and older with a disability.

The TITANS program incorporates recreation and basic life skills to enhance social skills, improve independence and help maintain a leisure and recreational lifestyle for the individuals who participate in the program.

Individuals interested in TITANS can contact Juanita at the LWSRA office (815) 320-3500 ext. *204.

- *Different day options available.
- *Fees are due monthly.
- *Limited space available.

LWSRA currently offers two programs. TITANS I, which is designed for individuals who need a 2:1 to 4:1 ratio, and TITANS II which is designed for individuals who can function at a 6:1 participant to staff ratio.



2018 TITANS PRICING OPTIONS

Week Option	Monthly Fee	Add-on Door-to-Door Transportation
5 Days/week	\$763 (Non-resident fee: \$1,144)	\$280/month (residents only, both ways)
4 Days/week	\$613 (Non-resident fee: \$919)	\$224/month (residents only, both ways)
3 Days/week (M, W, F)	\$470 (Non-resident fee: \$705)	\$166/month (residents only, both ways)
2 Days/week (Tu & Th)	\$320 (Non-resident fee: \$480)	\$113/month (residents only, both ways)

2018 TITANS No Program Dates

January 1-5, 2018 (Winter Break)
 March 26-30, 2018 (Spring Break)
 May 28, 2018 (Memorial Day)
 July 4, 2018 (Independence Day)
 September 3, 2018 (Labor Day)
 November 22-23, 2018 (Thanksgiving)
 December 24-31, 2018 (Winter Break)

**Monthly payments are due by the 15th of each month.*

**Transportation is available to residents of our six-member districts for an additional fee. We encourage individuals to research community based transportation alternatives such as Township Dial-a-Ride and PACE Dial-a-Ride services.*

**The TITANS program is held at the LWSRC with the exception of summer (June-August), when the program is held at the Frankfort Founders Center, 140 Oak St., Frankfort. Please contact Juanita Williams for additional information.*