

## GOLF GREATS

Ages: 13 & up

Golfers fine tune their skills, course etiquette and club selection with the help of LWSRA staff and the Sunshine Through Golf Foundation. Athletes may compete in 1 of 4 events: 3-hole, 6-hole, 9-hole traditional or 9-hole unified competition. Unified partners must be 13 years or older. No program 5/24, 6/14, 6/21 and 7/5.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
37050		<i>see schedule below</i>		\$230/\$290
	SU	5/17-8/30	5:30-7:30 pm	
	TH	7/9-9/3	5:45-6:45 pm	
		<i>State Tournament Fee (if qualify)</i>		<b>\$150</b>

Min/Max: 14/20

Sunday Locations: Sanctuary Golf Course, 485 Marley Rd, New Lenox  
White Mountain, 9901 W. 179th St, Tinley Park

Thursday Location: Square Links, 7861 W. St. Francis Rd, Frankfort

### DATES TO REMEMBER

MedApp & Class A Deadline: 5/13/2020  
MedApp must be valid through: 9/15/2020  
Regional 9-hole Traditional & Unified Tournament: 7/8/2020  
Regional Skills Tournament: 7/13/2020  
Regional 3 & 6-hole Tournament: 8/3/2020  
Outdoor Sports Fest: 9/12-9/13/2020 (tentative)

## GOLF SKILLS

Ages: 13 & up

Whether you have little experience or no experience at all, you will learn the fundamentals of golf with the help of LWSRA staff. Athletes may compete in 1 of 4 events: 3-hole, 6-hole, 9-hole traditional or 9-hole unified competition. Unified partners must be 13 years or older. Note: in order to be entered in the Special Olympics tournament, you MUST participate in the first session of Golf Skills. No program 5/24, 6/14, 6/21 and 7/5.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37051-1	SU	5/17-7/19	5:30-7:30 pm	\$95/\$120
37051-2	SU	7/26-8/30	5:30-7:30 pm	\$70/\$90
		<i>State Tournament Fee (if qualify)</i>		<b>\$150</b>

Min/Max: 7/12

Location: Sanctuary Golf Course, 485 Marley Rd, New Lenox  
White Mountain, 9901 W. 179th St, Tinley Park

### DATES TO REMEMBER

MedApp & Class A Deadline: 5/13/2020  
MedApp must be valid through: 9/15/2020  
Regional 9-hole Traditional & Unified Tournament: 7/8/2020  
Regional Skills Tournament: 7/13/2020  
Regional 3 & 6-hole Tournament: 8/3/2020  
Outdoor Sports Fest: 9/12-9/13/2020 (tent)

## Special Olympics Age Groupings

Athlete's competition age group is determined by the athlete's age as of the year of the State Competition (December 31 of that year). *Ex: An athlete born August 1, 2004 competing in a state event in 2020 is considered 16 years old for every competition held in 2020 (even if they have not yet turned 16).*

## TENNIS

Ages: 12 & up

"Serve up" some fun at Special Olympics Tennis! Because of its leisurely pace, it is suitable for anyone. There are many different levels of competition, so we will work together to find something comfortable for you! Note: If there are cancellations due to inclement weather, they will not be rescheduled.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37052-1	TU	5/19-6/23	6:00-7:00 pm	\$125/\$160
37052-2	WE	5/20-6/24	6:00-7:00 pm	\$125/\$160
37052-3	TU	7/7-8/11	6:00-7:00 pm	\$90/\$115
37052-4	WE	7/8-8/12	6:00-7:00 pm	\$90/\$115
		<i>State Tournament Fee (if qualify)</i>		<b>\$150</b>

Min/Max: 6/12

Location: Mokena Main Park, 10925 W. La Porte Rd, Mokena

### DATES TO REMEMBER

MedApp & Class A Deadline: 4/27/2020  
MedApp must be valid through: 10/26/2020  
Regional Unified Tournament: 6/28/2020  
Regional Traditional Tournament: 7/14/2020  
State Tennis Tournament: 8/15-8/16/2020

## VOLLEYBALL CONDITIONING

Ages: 13 & up

Volley your way back in shape! Join to get a feel for the sport or to start training for the competitive season. You will improve your volleyball skills and learn an understanding of the game. No program 7/6.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37053	MO	6/15-7/20	6:00-7:00 pm	\$45/\$60

Min/Max: 6/10

Location: LWSRC, 1900 Heather Glen Dr., New Lenox

## FLAG FOOTBALL

Ages: 16 & up

Join LWSRA and the Village of Orland Park Special Recreation Dept. as we hit the gridiron for some fast-paced football fun! You will develop fundamental skills and flag football IQ. A schedule with locations and times will be available prior to the start of program.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37054	WE	7/29-9/16	6:00-7:30 pm	\$100/\$125
		<i>State Tournament Fee (if qualify)</i>		<b>\$50</b>

Min/Max: 4/6

Location: Eagle Ridge II Park, 17705 Wolf Road, Orland Park, Field 8

### DATES TO REMEMBER

MedApp/Class A Deadline: 7/23/2020  
MedApp must be valid through: 11/9/2020  
Flag Football Tournament: TBD  
State Tournament: 11/7-11/8



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Athletics

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Registration deadline is two weeks prior to each event unless noted.

## UNIFIED VOLLEYBALL

Ages: 13 & up

The Hawks practice and compete against local teams throughout the season to prepare for the Regional Special Olympics tournament. Special Olympics Athletes play alongside unified partners (peers/family/friends) who are 15 years or older. If they earn a gold medal at Regionals, they will advance to Fall Games (State). A schedule with locations and times will be available prior to the start of program.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37055	TU	8/4-10/6	6:30-8:00pm	\$165/\$210
			<i>State Tournament Fee (if qualify)</i>	<i>\$150</i>

Min/Max: 7/18

Practice Location: LWSRC, 1900 Heather Glen Dr., New Lenox

### DATES TO REMEMBER

MedApp & Class A Deadline: 7/24/2020  
MedApp must be valid through: 10/26/2020  
Regional Traditional & Unified Tournament: 9/19/2020  
ITRS Tournament: 10/4/2020  
Fall Games: 10/24-10/25/2020

## TRADITIONAL VOLLEYBALL

Ages: 13 & up

The Hawks practice & compete against local teams throughout the season to prepare for the Regional tournament. If they earn a gold medal at Regionals, they will advance to Fall Games.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37056	TU	8/4-10/6	6:30-8:00 pm	\$165/\$210
			<i>State Tournament Fee (if qualify)</i>	<i>\$150</i>

Min/Max: 9/20

Location: LWSRC, 1900 Heather Glen Dr., New Lenox

### DATES TO REMEMBER

MedApp & Class A Deadline: 7/24/2020  
MedApp must be valid through: 10/26/2020  
Regional Traditional & Unified Tournament: 9/19/2020  
ITRS Tournament: 10/4/2020  
Fall Games: 10/24-10/25/2020

**FOR INFORMATION ABOUT REGION E  
BOWLING TOURNAMENT,  
PLEASE SEE PAGE 14**

## CHICAGO DUCKY DERBY

Ages: 8 & up

The Chicago Ducky Derby is a signature fundraising event for Special Olympics Illinois. This year marks their 15th year and promises to be their best yet! Thousands of spectators will watch 60,000 yellow rubber ducks splash into the Chicago River in downtown Chicago and race towards the finish line. Race Day kicks off at 10 am at 400 North Michigan Ave (The Wrigley Building) with entertainment for the entire family! Please bring money for lunch and souvenirs.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37034	TH	8/6	9:00 am -2:00 pm	\$30/\$40

Min/Max: 5/6

Drop-off/Pick-up: LWSRC, 1900 Heather Glen Dr., New Lenox  
Location: Wrigley Building, 400 N. Michigan Avenue, Chicago  
Actual Event Time: 10:00 am-1:00 pm

## FLOOR HOCKEY

Ages: 12 & up

Join LWSRA and the Oak Lawn Special Recreation Department as we glide around the court in floor hockey! Unlike ice hockey, floor hockey is played with straight sticks and a doughnut-shaped puck played on the gym floor. Throughout the season, we compete against local teams to prepare us for the State Floor Hockey Tournament. A schedule with locations and times will be available prior to the start of program.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
37058	WE	8/26-11/11	6:30-8:30 pm	\$140/\$175
			<i>State Tournament Fee (if qualify)</i>	<i>\$50</i>

Min/Max: 4/10

Location: Oak Lawn Pavilion, 9401 S. Oak Park Ave, Oak Lawn

### DATES TO REMEMBER

MedApp/Class A Deadline: 9/24/2020  
MedApp must be valid through: 12/9/2020  
Floor Hockey Tournament: TBD

## BASKETBALL CONDITIONING

Ages: 8 & up

Shoot your way back in shape! Join to get a feel for the sport 0o to start training for the competitive season. You will improve fundamental basketball skills and general understanding of the game. If you plan on playing in the regular season, this will help us to get to know you as a player and place you on the most appropriate team.

Code	Day	Date	Drop-off/Pick-up	R/NR Fee
		MO 9/14-10/12	varies by age	
37059-1		Ages 8-13	5:15-6:00 pm	\$45/\$55
37059-2		Ages 14 & up	6:00-7:00 pm	\$45/\$55

Min/Max: 6/10

Location: LWSRC, 1900 Heather Glen Dr., New Lenox