

ADAPTED SPORTS (PI/VI)

The adapted sports program started at LWSRA in 2007 in an effort to provide recreational opportunities for people with physical disabilities. Participants come from our member park districts as well as many communities beyond our districts. Since 2009, the program has grown immensely including players receiving Team USA tryouts and college scholarships to play wheelchair basketball.

WHEELCHAIR BASKETBALL

Wheelchair basketball is a Paralympic sport designed for individuals with a primary physical disability affecting his/her lower body. Athletes with a spinal cord injury, cerebral palsy, spina bifida, amputation or other diagnosis that affects one's ability to play competitive stand-up basketball may qualify. To play wheelchair basketball you do NOT have to be an everyday wheelchair user. Sports wheelchairs are provided to allow everyone to compete on the same playing field. New athletes and seasoned athletes are welcomed to play. Season runs October - April.



LWSRA offers 5 wheelchair basketball teams

- Minis - Ages 3-9 (using a 6' rim for beginner athletes)
 - Prep - Ages 8-13 (uses 8.5' rim)
 - Varsity* - High School level using 10' rim
- *(Advanced Prep players may qualify)
- Adults
 - Women

WHEELCHAIR SOFTBALL

Wheelchair softball is designed for individuals with a primary physical disability affecting his/her lower body. Athletes with a spinal cord injury, cerebral palsy, spina bifida, amputation, limb length difference, ankle fusion, or other diagnosis that affects one's ability to play competitive stand-up baseball/softball may qualify. To play wheelchair softball you do NOT have to be an everyday wheelchair user. Sports wheelchairs are provided to allow everyone to compete on the same playing field. LWSRA has its own accessible wheelchair softball field consisting of painted asphalt. Program is offered May through August.



BOCCIA

Boccia is a Paralympic Sport that is a precision ball sport like bocce. The sport is open to individuals with cerebral palsy, traumatic head injury, stroke, spinal cord and muscular dystrophy. Adaptive equipment is available for those who need assistance in propelling the ball onto the court. Program is offered year round.



VI/PI BOWLING

This program is offered for individuals with physical disabilities, blind and visual impairments. It's a chance to improve bowling skills in a social setting. Program is offered year round.

WHEELCHAIR FOOTBALL

For individuals who use a manual wheelchair. Game is played 6 on 6 and two hand touch above the waist. Program runs October to November.

WHEELCHAIR LACROSSE

LWSRA is teaming up with the VPVA to offer Wheelchair Lacrosse. If interested, please contact Keith Wallace at kwallace@lwsra.org. Program is offered April to August.

SNOW SKIING

Adaptive skiing uses specialized equipment for people with physical disabilities or visual impairments to experience skiing. Riders will have the option to try stand-up, sit-down, and ski bikes. Program is offered January to February.

WATER SKIING

Adaptive water-ski equipment offers an opportunity for individuals with mobility, visual, or other impairments to enjoy water sports. Program is offered June to July.

UPCOMING
EVENTS

Paralyzed Veterans of America Vaughan Chapter Midwestern Bowling Invitational
May 4-6, 2018 - Woodridge, IL

Bike the Drive
May 27, 2018 - Chicago, IL

15th Annual Disability Pride Parade
July 21, 2018 - Chicago, IL

Beyond the Waters Beach Party
August 5, 2018 - Chicago, IL

If you are interested in any upcoming events, we can help you get involved! Contact Keith at (815) 320-3510 or kwallace@lwsra.org.

ADAPTED PROGRAMS (PI/VI)

ADAPTIVE ROCK CLIMBING (PI)

All Ages

Feel the excitement of Chicago while we join Adaptive Adventures for an amazing adaptive climbing adventure! Registered individuals will be sent information and waiver to be completed prior to the event.

Code	Day	Date	Drop-off/Pick-up	28 & younger/29+
31025	TU	5/12	12:00pm-5:00pm	\$10 \$20

Min/Max: 4/20

Location: Maggie Daley Park, 337 E. Randolph St., Chicago
Register by: 5/5

WHEELCHAIR SOFTBALL (PI)

Ages: 3 & up

New and returning athletes...come join LWSRA this summer for some good old fashioned wheelchair softball! Athletes will learn fundamentals while being part of a team and build life long friendships. New athletes interested in playing must contact the LWSRA office at (815) 320-3500.

Code	Day	Practices	Practice Time	Fee
	TH	5/19-8/11	varies by age	
31026-1		Juniors (Ages 4-18)	10:00am-12:00pm	\$250
31026-2		Adults (Ages 19 & up)	12:00pm-2:00pm	\$250

Min/Max: 12/18

Practice Location: LWSRC, 1900 Heather Glen Dr., New Lenox
Register by: 5/12

JUNIOR WHEELCHAIR SOFTBALL TOURNAMENTS

6/16 - LWSRA Tournament - New Lenox, IL
7/14 - Chicago Park District Tournament - Chicago, IL
8/3-8/4 - Junior Softball World Series - Chicago, IL

ADULT WHEELCHAIR SOFTBALL TOURNAMENTS

6/9-6/10 - Mary Free Bed Tournament - Grand Rapids, MI
6/23-6/24 - Chicago Park District Tournament - Chicago, IL
7/28-7/29 - LWSRA Tournament - New Lenox, IL
8/9-8/11 - Adult Softball World Series - Kansas City, KS

BOCCIA (PI)

Ages: 3 & up

Come out and enjoy a great game of bocchia. If you like bowling this sport is right up your alley! Let's see how many points you can get while competing with other peers. No program 6/21.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
31027	TH	6/7-7/12	2:30pm-3:30pm	\$40

Min/Max: 3/20

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
Register by: 5/24

DISABLED VETERANS PROGRAM (PI)

Ages: 18 & up

In cooperation with LWSRA, the Mokena Community Park District and Wilmington Island Park District, we are offering a free program for Veterans with disabilities. Contact the LWSRA office for more information at 815-320-3500 or email support@lwsra.org.

Program includes:

One year fitness membership for the veteran with a disability and one family member.

Eligibility Requirement:

Must have a permanent disability rating of 10% or higher.

WHEELCHAIR BASKETBALL OPEN GYM (PI)

Ages: 8-25

Want to keep practicing your wheelchair basketball skills? Come out and work together with other athletes while playing mini scrimmage games and perfecting skills with your peers. This will be a great opportunity if you are new to the sport and want to learn while in the offseason. Contact the LWSRA office if you are a new athlete and interested in playing. No program 6/21.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
31028	TH	6/7-7/26	6:00pm-8:00pm	\$5/per night

Min/Max: 4/12

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
Register by: 5/24

ADAPTIVE WATER SKI DAY (PI)

All Ages

Make amazing memories this summer at our annual adaptive water ski day. If you are registered for Adaptive Adventure Camp, you will be going water skiing on 7/19 but may also register for this date if you wish to double your fun!

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
31029	TU	7/10	8:00am-6:00pm	\$40

Min/Max: 4/20

Location: Lutherdale Bible Camp, Elkhorn, Wisconsin
Register by: 6/26

ADAPTIVE ADVENTURE CAMP (PI)

Ages: 8 & up

Summer is all about warm days, fun times and making memories with friends! Adaptive Adventure Camp is specifically designed for all abilities. New this year is a one week camp! Campers will receive instruction in a variety of adapted sports. Please bring a labeled sack lunch, sunscreen and water each day.

Code	Days	Dates	Drop-off/Pick-up	R/NR Fee
31030	MO-FR	7/16-7/20	9:00am-3:00pm	\$125

Min/Max: 4/12

Location: LWSRC, 1900 Heather Glen Dr., New Lenox
Register by: 3/20

Adaptive Adventure Camp is sponsored by



Paralyzed Veterans of America

Vaughan Chapter

JOLIET SLAMMERS FAMILY NIGHT

All Ages

Our families had a great time last year on family night! We hope to see you there again! Each family may receive two free tickets to the game when you register through us. Additional tickets are just \$2 each! You must register by the deadline to receive this deal. Tickets will be available for pick-up at the will-call window at the stadium. This is a family event. Staff are not available to supervise participants.

Code	Day	Date	Gametime	Fees
31017	TU	7/17	7:00pm	*see registration page

Location: Rt. 66 Stadium, 1 Mayor Art Schultz Dr., Joliet
Contact Person: Karyn Reczek
Register by: 7/3



ADAPTED PROGRAMS (PI/VI)

Hang out with your friends and take a break from the competition. Check out the events below geared towards individuals with physical or visual impairments. New this season is individual event registration so you can plan your schedule out further in advance!

ICE CREAM SOCIAL AND TRIVIA

Age: 18 & up

Come join us and test your ice cream sundae skills. We will be making sundaes with your favorite ice cream flavors and toppings. Will also play a fun game of ice cream trivia!

Code	Day	Date	Time	Fee
31032-1	TU	5/22	6:00pm-8:00pm	\$25

Min/Max: 3/20

Location: LWSRA, 1900 Heather Glen Drive, New Lenox

Register by: 5/8



BLACK SHEEP BINGO

Age: 21 & up

Meet us at The Black Sheep for bingo. Bingo starts at 6:00pm on the dot! Please bring extra money if you wish to enjoy some appetizers or tacos.

Code	Day	Date	Time	Fee
31032-2	WE	6/13	5:30pm-8:00pm	\$25

Min/Max: 4/12

Location: The Black Sheep 8888 W. 159th St. Orland Park, IL 60462

Register By: 5/30



JOLIET SLAMMERS BASEBALL

Age: 18 & up

Meet us at the Joliet Slammers to watch a fun filled night of baseball. The Slammers will be taking on the Normal CornBelters. Please bring extra money if you wish to purchase snacks from concessions. Game starts promptly at 7:05pm. Please drop off participants at front gate by 6:30pm.

Code	Day	Date	Time	Fee
31032-3	TH	7/5	6:30pm-10:00pm	\$25

Min/Max: 3/20

Location: Route 66 Field, 1 Mayor Art Schultz Dr., Joliet

Register by: 6/21



2018 SPORTS BANQUET

You are cordially invited to celebrate the accomplishments of LWSRA participants over the past year. Staff, volunteers and member districts will also be recognized. Dinner will be followed by an award presentation! You will never know if you won a prestigious award unless you attend the banquet. LWSRA Athletes are free; guests must pay fee. Athletes must be accompanied by an adult 18 years or older. Staff is not able to provide supervision. This event will take place in the Fall. Registration will also be in the Fall brochure.

Code	Day	Dates	Drop-off/Pick-up	R/NR Fee
31033	SU	9/16	4:00pm-7:00pm	see below
31033-A		LWSRA Athletes		Free
31033-B		Non-athlete (adult)		\$25
31033-C		Non-athlete (children 12 & under)		\$10

Min/Max: 50/150

Location: St. Jude's Franciscan Hall, 241 W. 2nd Ave., New Lenox

Contact Person: Tami Pareti

Register by: 8/31

